

Reigate Youth Football Club Training/Match Risk Assessment (version : March 2021)

Items highlighted red are updates from previous version

Risk	Risk Sub Category/Details	Mitigating Actions	Impact
Safeguarding	Non-Compliance with normal FA Safeguarding Policies and procedures and/or not following latest Government guidance	Coaches are familiar with and have also revisited FA Safeguarding Policies and Procedures and are familiar with latest Government guidance.	Normal FA Safeguarding Policies and procedures complied with. Latest Government guidance complied with.
	Lack of consent or knowledge of the revised guidelines we will be operating under	Written consent will be required before a player is able to participate in training / matches. Risk Assessment will be shared with parents prior to first session and will be available on RFC website. Updated consent required whenever the Club risk assessment is updated.	Consent obtained upfront, parents/players aware of the new guidance.
	Non-Compliance with FA updated guidance during Covid-19	Groups will be no bigger than thirty people (note that this figure includes coaches). All activities to follow latest FA guidance. Whilst competitive match play is permitted, social distancing should be observed before/after the sessions and during any planned breaks. Any parents attending sessions should observe social distancing requirements.	Updated FA guidance complied with.
	Increased risk associated with taking part in RFC/other activities.	Participants have been made aware of increased risk associated with taking part in RFC activities. Participants are strongly advised to comply with public health restrictions and avoid high risk behaviour outside of the sports' setting to reduce the risk to their fellow participants when they do attend RFC activities.	Parent/player aware of increased risks
	Coaches with DBS clearance	A minimum of two DBS cleared coaches/helpers must be present at any Club football session.	Ensures suitable adult cover available if required.
Cross contamination and spreading of virus	Parents/Players who could be COVID-19 positive are present at training / matches.	<p>Everyone should self-assess for COVID-19 symptoms before every training session or match. Any player/parent who is symptomatic or confirmed Covid-19 must NOT attend. A symptoms checklist is included below this risk assessment table.</p> <p>Coaches should check that each participant completed the self-screen before attending and if so, if the self-screen checks were negative for all participants.</p> <p>If a participant says they forgot to self-check before their arrival, then the coach should ask them the health check questions before they join any group.....if the answer "yes" to one or more of the questions, participants must not take part in the activity and should be told to safely return home.</p>	Minimised risk of a parent/player who is symptomatic attending training/matches.
	Latest guidance	Coaches to remain up to date with latest FA and Government guidance	

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	Test and Trace requirements	Coaches/team admin should keep a record of attendees at a match and training session, including contact details, to support and provide to NHS Test and Trace. If parent contact details change during the season (i.e. from those stated at registration), the coach must be informed. Coaches to submit details to club covid email address (covid19@reigatefc.co.uk) after each training session and match	Ensures Test and Trace possible if required.
	Parents/Players do not have clean hands before leaving for training/matches or at end of sessions.	Parents/Players asked to wash hands before leaving for training and on returning home. Players also required to have own small bottle of hand sanitiser to use before and after the session as well as during any scheduled breaks in training which are to be at least every 20 minutes.	Hands will be clean at start/end of the training/match, thereby minimising risk of contamination.
	Travel	Where possible , only parents/players from same household to travel together in the same car.	Reduced contamination/spreading risk.
	Spectators	Spectators are only permitted for safeguarding purposes which should be limited to one parent or carer per child. Where it is necessary for a parent/carer to be present, supervising adults should not mix with others from outside their household or support bubble	Reduce risk of contamination/spreading risk
	Facilities	Greater risk of spreading virus if training indoors	In line with FA guidance, no training indoors until guidance permits. Risk assessment to be reconsidered at that time.
	Mixing of player groups	If more than one group of players at training venue, players should remain in their own groups (max 30 including coaches) and avoid swapping / mixing of groups.	No contamination/spreading risk.
	Additional risk of infection in close proximity situations where people are shouting/conversing loudly.	If possible, players should avoid shouting or raising their voices when facing each other during, before and after games.	Reduce spreading risk.
	Sharing of drinks	Players should bring own, clearly identifiable water bottle, preferably with their name on it.	No contamination/spreading risk.
	Tying of shoe laces	Parents to ensure players can tie own laces or remain on site during the session so they can assist if required	Minimised risk of contamination.
	Spitting / Chewing gum	Chewing gum is not permitted to be used at any football sessions. Spitting should also be avoided.	Minimised risk of spreading

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	<p>Players touching equipment</p> <p>Club Wide equipment (e.g. goals and corner flags)</p> <p>Ball Handling</p> <p>Players sneezing or coughing</p> <p>Insurance</p>	<p>Equipment should not be shared, and goalkeepers should ensure they disinfect their gloves regularly in breaks in training or matches and thoroughly afterwards. Where possible, coaches should only handle equipment in training. Bibs not to be shared during sessions and coaches must wash used bibs between sessions.</p> <p>Any club wide equipment should be wiped down prior to and following use as well as during half time for matches.</p> <p>Ball handling should be kept to a minimum with most contact via a boot and the ball disinfected in breaks of play</p> <p>Players warned to cover mouth with tissue or sleeve - not hands! Tissues to be placed in bin and hands to be sanitised immediately before resuming training.</p> <p>Club Affiliated with Surrey FA (2020/21 affiliation number W-SUR4845). Personal accident and public liability insurance in place</p>	<p>Minimised risk of contamination.</p> <p>Minimised risk of contamination.</p> <p>Minimised risk of contamination/spreading</p>
Injury/First Aid	<p>Administering of first aid</p> <p>Injury to player means those assisting are unable to keep 2m distance - MAJOR</p> <p>Injury to player means those assisting are unable to keep 2m distance - MINOR (TLC)</p> <p>Exhibiting Covid-19 symptoms during session</p> <p>Player not having medication</p> <p>Participants have underlying health issues.</p> <p>Lack of fitness</p>	<p>If required, first aid to be administered in line with latest FA guidance. http://www.surreyfa.com/news/2020/jul/18/return-of-outdoor-competitive-grassroots-football---18th-july</p> <p>Adult (if not in same household) will put on PPE (mask gloves as a minimum) before assisting. PPE immediately disposed of thereafter.</p> <p>If present, parent / guardian to tend to player</p> <p>Any player exhibiting Covid-19 symptoms during a session must be separated from the wider group and taken home by their parent immediately (or medical attention sought)</p> <p>Player must bring along any required medication to participate in activity</p> <p>All participants must consider if their underlying health may caution against participation and, if so, refrain from doing so.</p> <p>Players are not pushed too hard physically on return. Training sessions limited to one hour initially.</p>	<p>Minimise risk to players and coaches</p> <p>Minimised risk of contamination/spreading</p> <p>Minimised risk of contamination/spreading</p> <p>Minimised risk of contamination/spreading to others</p> <p>Ensures appropriate medication available</p> <p>Minimises risk of injury/illness due to health condition</p> <p>Minimised risk of injury.</p>

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Communication	Parents/Players are unaware of the new guidelines that training sessions and matches will be conducted under.	Risk Assessment will be shared with all parents prior to first session that player attends. Parents required to talk through with players prior to first session and provide written consent they have done so and agree to requirements.	Parents/Players are all aware of the new guidelines.

N.B. The above risks are mainly in relation to COVID-19. It is assumed that risks existing pre COVID-19 still apply if not specifically mentioned above.

Covid-19 Symptons check list

Each participant should self-screen prior to arrival at training to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of Covid-19 infection.	Check negative	Check positive
A high temperature (above 37.8°C) <ul style="list-style-type: none"> Some clubs may include on-site temperature checking of participants as part of their SOP, this is more relevant to clubs who employ medical staff. 	<input type="checkbox"/>	<input type="checkbox"/>
A new continuous cough.	<input type="checkbox"/>	<input type="checkbox"/>
Shortness of breath.	<input type="checkbox"/>	<input type="checkbox"/>
A sore throat.	<input type="checkbox"/>	<input type="checkbox"/>
Loss of or change in normal sense of taste or smell.	<input type="checkbox"/>	<input type="checkbox"/>
Feeling generally unwell.	<input type="checkbox"/>	<input type="checkbox"/>
Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks.	<input type="checkbox"/>	<input type="checkbox"/>